COVER

Less than three years after a heart transplant at the Montreal Heart Institute (MHI), Sylvain Bédard reaches the Chamonix summit of Mont Blanc with Dr. Michel White, cardiologist, researcher, clinician and director of the MHI Heart Failure Research Program (see Sylvain Bédard’s story on page 30).

Photo credit: Carlos Letonas
ANNUAL REPORT 2008-2009

TABLE OF CONTENTS

MISSION AND VISION 4
WORD FROM THE CHAIR AND EXECUTIVE DIRECTOR 5
WORD FROM THE MONTREAL HEART INSTITUTE 6
BOARD, COMMITTEES AND STAFF 7
FUNDRAISING ACTIVITIES 10
  • HBF CAPITAL CAMPAIGN DONORS 13
FOSTERING THE PURSUIT OF EXCELLENCE 18
OUR VOLUNTEERS 26
FINANCIAL STATEMENTS 28
OUR SPONSORS 31

THE GIFT OF SELF - SHARING THE STORIES

MICHEL SAUCIER AND GISÈLE BEAULIEU 11
JOHN A. RAE 14
IGA MERCHANTS 17
TONY METI 20
NICOLE PARENT, RN, PH.D. 24
LISE VENNE 26
SYLVAIN BÉDARD 30
MISSION

Raise and manage funds to support research and technological development at the Montreal Heart Institute. Promote the excellence of an institution at the service of the Quebec community.

VISION

With our values and commitment, we foster the innovative approach and sustainability of the Montreal Heart Institute, a world-renowned, leading edge cardiology centre dedicated to patient care, research, education, prevention, rehabilitation, and to the assessment of new technologies in cardiology.

We count on the commitment, integrity, openness and respect of our governors and staff to ensure bold and effective results, as well as good stewardship, accountability and transparency when managing the funds entrusted to us by our partners and donors.

We recognize and appreciate the great value and priceless contribution of our volunteers.

MONTREAL HEART INSTITUTE FOUNDATION
5000 Bélanger Street
Montreal, Quebec H1T 1C8
Tel.: 514.593.2525
Toll free: 1.877.518.2525
Fax: 514.376.5400
ficmdon@icm-mhi.org

Charitable number - 10183 7896 RR0001
www.fondationicm.org/en/
WORD FROM THE CHAIR AND EXECUTIVE DIRECTOR OF THE MONTREAL HEART INSTITUTE FOUNDATION

The very essence of the Montreal Heart Institute Foundation is built on the gift of self and the sharing of wealth to nurture a better world, one in which health can be achieved through high-quality care, research, teaching and prevention of heart disease.

Working behind the scenes more often than not, some 200 volunteers are key contributors to the Foundation’s mission. Whether serving on the Board of Directors or its committees, or volunteering to support the Foundation’s staff during events and day-to-day activities, every one of our volunteers makes the Foundation shine, from their exceptional commitment and skills, their willingness to lend a sympathetic ear, to their passion for the cause and their compassion for others. Their work goes hand in hand with that of the Montreal Heart Institute staff who give selflessly when supporting their foundation. Every volunteer helps save lives in his or her own way.

While volunteers are the heartbeat of the Foundation, its raison d’être is without a doubt the sharing of wealth. Despite the economic downturn affecting society as a whole, we have witnessed remarkable generosity on the part of our partners and donors.

Find out more about some of the extraordinary individuals who give of themselves and share their wealth as you read their stories throughout the Annual Report.

To all our volunteers, partners and donors, we say “Thank you!” for your selflessness and generosity. We hope you enjoy the report.

Louis A Tanguay
Chair of the Board

Danielle Pagé
Executive Director
A MESSAGE FROM THE INSTITUTE

THE MONTREAL HEART INSTITUTE: AN EXCEPTIONAL ENVIRONMENT SUPPORTED BY THE QUEBEC COMMUNITY

The MHI’s national and international reputation for excellence in prevention, care, research, innovation, teaching and evaluation is built on the support of an amazing team of skilled and devoted individuals who work in wide-ranging disciplines. Furthermore, the MHI Foundation’s unfailing support has played a key role in the Institute’s development. The Heart Beat for the Future capital campaign surpassed its ambitious objectives, proof of the overwhelming support and faith of the Quebec community in the MHI’s visionary goals. Its success is also the result of the commitment, determination, generosity and wise management of the community’s business leaders.

The Foundation’s major contribution, combined with the loyalty of donors and volunteers, truly fosters the innovative progress that enables the MHI to lead the fight against heart disease.

We offer our heartfelt thanks and appreciation to the Foundation Board of Directors, staff members and volunteers for their essential work, without which the MHI would be unable to pursue its mission of excellence and maintain its top ranking among the world’s best cardiology centres.

Jean Royer
Chair of the Board

Robert Busilacchi
Executive Director
THE BOARD OF DIRECTORS AND ITS COMMITTEES

Chair of the Board
Louis A Tanguay

Vice Chair
and Treasurer
Raymond Fortier

Board Secretary
Robert Paré

Executive Director
Danielle Pagé

Michel Bernier
Jean-Yves Leblanc

Claude Blanchet
Monique Léonard

Stéphane Boivert
Monique F. Leroux

Robert Busilacchi
Rémi Marcoux

France Chrétien Desmarais
L. Jacques Ménard

Pierre N. Dumont
Robert Paré

Sylvie Fontaine
Henri-Paul Rousseau

Raymond Fortier
Louis A Tanguay

Gaétan Frigon
François Veillet

Jean-Claude Lauzon
THE BOARD AND MEMBERS OF ITS COMMITTEES

André Bérard 1
Christiane Bergevin 1
Michel Bernier 1-2
Hans P. Black 1
Claude Blanchet 1-2-3-4-7
Yvon Bolduc 1
Stéphane Boisvert 1-2
Michèle Boutet 1-5
Marc Y. Bruneau 1-8
Robert Busilacchi 1-2-4
Marvin Carsley 1
Vincent Castellucci 4
France Chrétien Desmarais 1-2
Patricia Curadeau-Grou 1-8
Léon Dontigny 1
Christiane Dubé 5
François Duffar 1
Pierre N. Dumont 1-2-6
Robert Dutton 1
Santo A. Fata 1
Claude Fontaine 1-6
Sylvie Fontaine 1-2-8-9
Raymond Fortier 1-2-4-6-8
Gaétan Frigon 1-2-5-7
Diane Hamel 6
Mel Hoppenheim 1
Martin Juneau 5
Deep Khosla 1-6-8
Mathieu L’Allier 6
Jean Lambert 6
Daniel Lamarre 1
Jean-Claude Lauzon 1-2-9
Jean-Yves Leblanc 1-2-4
Alain Lellouche 1
Monique Léonard 1-2-5
Monique F. Leroux 1-2-3-4
Yves Leroux 6
Rémi Marcoux 1-2-9
L. Jacques Ménard 1-2
Denise Mérineau 1
Tony Meti 1
Avrum Morrow 1
Brian M. Mulroney 1
Jacques O. Nadeau 1-8
Danielle Pâgé 1-2-3-4-5-6-7-8-9
Robert Paré 1-2-3
Marc Poulin 1
John A. Rae 1
Douglas C. Robertson 1
Henri-Paul Rousseau 1-2
Jean Royer 4
Guy Savard 1
Louis A Tanguay 1-2-3-4
Jean-Claude Tardif 1
Marc P. Tellier 1
Robert Trempe 1-5
François Veillet 1-2-4-7
Claire Webster

1 Board of Directors
2 Executive Committee
3 Nominating Committee
4 MHIF – MHI Joint Committee
5 Communications/Marketing/Events
6 Planned Gifts Committee
7 Investment Committee
8 Audit and Finance Committee
9 Human Resources Committee

Note: Committee mandates are found at www.fondationicm.org/en.
THE FOUNDATION TEAM

Danielle Pagé
Executive Director

Gilles Babin
Director of Finance

Guylaine Banville
Director, Direct Mail and Database Management

Elsa Desjardins
Director, Events and Fundraising Projects

Johanne McDonald
Director, Development and Communications

Anne-Marie Bessette
Data Entry Operator

Claude Bourdon
Development Officer

Michèle Boyer
Accounting and Human Resources Technician

Carole Gray
Events Coordinator

Jocelyne Guignard
Secretary-receptionist

Kellie Ann MacDonald
Data Entry Operator

Christine Plantier,
Assistant to the Executive Director

Isabelle Rousseau,
Administrative Assistant, Events

Isabelle Tremblay,
Communications Officer
SUMMARY OF FUNDRAISING ACTIVITIES

Net revenues for fiscal year 2008-2009 totaled $12.75 million, a striking result given the downturn in the economy this past year. The Foundation’s two core fundraising activities remain the Annual Campaign and the Heart Beat for the Future capital campaign. The Annual Campaign involves direct mailing, planned donations, events and partnerships, as well as miscellaneous gifts.

CHART OF NET FUNDRAISING INCOME

| Heart Beat for the Future Campaign | $6,255,328 | 49% |

**Annual Campaign**

- **Direct Mail** | $2,785,445 |
- **Bequests** | $628,229 |

**Partnerships and Events**

- **Grand Bal des Vins-Cœurs** | $1,694,730 |
- **$2 Straight to the Heart** | $502,341 |
- **Golf tournaments** | $247,010 |
- **Mount Mera Climb** | $113,536 |
- **Lotteries** | $94,522 |
- **Cœurs Universels Evening** | $71,819 |
- **KPMG Tribute** | $60,000 |
- **Gilles Proulx Travel Conferences** | $20,233 |
- **Boutique and other income** | $65,126 |

**Total - Partnerships and Events** | $2,869,317 |
**Other donations** | $208,486 |

**Total - Annual Campaign** | $6,491,477 | 51% |

**Net Income from Fundraising** | $12,746,805
THE GIFT OF SELF
MICHEL SAUCIER AND GISELE BEAULIEU:
GIVING BACK TO SOCIETY

Giving back to society is a fundamental and noble value for Michel Saucier and his wife Gisèle Beaulieu, a value which took the form of a generous donation of $5 million for the creation of the Centre de pharmacogénomique Beaulieu-Saucier de l'Université de Montréal. From the groundbreaking ceremony in the fall of 2007 to the inauguration in the spring of 2009, the Centre was long awaited.

Mr. Saucier and Ms. Beaulieu’s gift was part of a $6.6 million contribution from the MHI Foundation, which, combined with the world reputation of its researchers, helped leverage over $80 million in funding to build and operate the Centre, including $22 million each from Génome Québec and the Government of Canada’s Centres of Excellence for Commercialization and Research.

The Centre is a major international hub for pharmacogenomics research and the only academic facility of its kind in Canada. Pharmacogenomics is an innovative science that focuses on personalized treatment based on the patient’s genetic profile to provide highly targeted medication therapy.

With a staff of 45, the Centre brings together a multidisciplinary team of seasoned researchers and students specialized in genomics, bioinformatics and clinical research studies. The Centre is a powerful magnet for the world's best talent. From a technological standpoint, the Centre was designed to meet the highest operating and security standards in the field (Good Laboratory Practice).

“We are truly passionate about pharmacogenomics because it is the medicine of the future and its discoveries will improve treatment of patients here and abroad. We’re very pleased to see that the dream of this magnificent research centre has become reality.”

Michel Saucier and Gisèle Beaulieu.
HEART BEAT FOR THE FUTURE (HBF)

The goal of HBF capital campaign is to fund part of the Montreal Heart Institute’s *Investing in Excellence* visionary plan for sustainable and innovative growth.

With earnings currently at more than $70 million and growing, campaign co-chairs André Desmarais, Serge Godin and Michael J. Sabia have surpassed the initial goal of $60 million established in 2006.

Beyond the creation of the Pharmacogenomics Centre, the Foundation’s HBF contribution will help fund the following projects over a 10 year period:

- **Research** – To sustain its gains and position itself as a leader in the emerging science sectors:
  - Expand by more than 50% the Research Centre’s current surface area;
  - Create new research chairs in such fields as pharmacoproteomics, prevention of cardiovascular ageing, regenerative medicine and tissue engineering, cardiac transplantation and cardiac insufficiency.

- **Patient Care** – To better meet the needs of the Quebec population:
  - Build a new surgery wing with seven state-of-the-art theatres;
  - Expand and upgrade the emergency unit;
  - Solidify and upgrade outpatient services;
  - Acquire high-tech specialized medical equipment.

- **Training** – Build a Training Centre for Excellence in Cardiovascular Health that will provide a comprehensive range of state-of-the-art installations and equipment, including:
  - A multimedia auditorium with a seating capacity of 250;
  - A simulation laboratory in critical cardiovascular care;
  - Teaching facilities adapted to modern training methods;
  - Teleteaching equipment;
  - Online training.

- **Prevention** – The expansion of the EPIC Centre will make it possible to integrate a new centre dedicated to leading-edge training in prevention. Health professionals such as physicians, nurses, dieticians and kinesiologists, will benefit from the best tools available for prevention awareness.
THANK YOU TO OUR HEART BEAT FOR THE FUTURE CAMPAIGN DONORS

$5 M and over
Michel Saucier & Gisèle Beaulieu

$2 M to $5 M
Bell Canada
Marissa & Francesco Bellini
BMO Financial Group
Boston Scientific Canada Ltd.
André Desmarais & France Chrétien Desmarais
Paul & Jacqueline Desmarais
Fondation J.-Louis Lévesque
Hydro-Québec
The J. W. McConnell Family Foundation
Power Corporation of Canada
St. Jude Medical Canada Inc.

$1 M to $2 M
Claudine & Stephen Bronfman
CGI
CN
Paul & Hélène Desmarais
Fondation J.A. De Sève
Fondation Jeunesse-Vie
Great-West Life, London Life, Canada Life
J. Armand Bombardier Foundation
Johnson & Johnson Medical Supplies
Mouvement des caisses Desjardins
National Bank of Canada
RBC Foundation
Carolyn & Richard Renaud
Saputo inc.

$500 K to $1 M
CIBC
Peter Munk Charitable Foundation
Rio Tinto Alcan
Rona inc.
Sanofi-aventis Canada Inc.
Scotia Bank
TD Bank Financial Group

$100 K to $500 K
Atco Group
CAE Inc.
Canam Manac Group
Cascades inc.
Couche-Tard
Dalfen Family Foundation
Rosemary & Mel Hoppenheim
Fondation Fernand R. Bibeau
G. Wallace F. McCain
Gaz Métro
Kaycan Ltd.
Laurentian Bank Foundation
Manulife Financial
Maple Leaf Foods
Metro inc.
MHI Associated Cardiologists
Nussia & Andre Aisenstadt Foundation
Port of Montreal Authority
Pratt & Whitney Canada
Sun Life Financial Inc.
The Sandra and Leo Kolber Foundation
Transcontinental inc.
Université de Montréal

$50 K to $100 K
Fondation Marcel et Rolande Gosselin
Daniel Lamarre
Lieberman Tranchemontagne
Luigi Liberatore Foundation
Merck Frosst
MHI Associated Anesthesiologists
Mittal Canada Inc.
Monitor Angelcare
Samson Bélair/Deloitte & Touche Foundation

$25 K to $50 K
Air Liquide Canada
Construction Albert Jean Ltée.
Dessau Inc.
Louis A Tanguay
Fondation Jeanne-Mance
Roberfrag inc.

We also thank the numerous donors who have contributed up to $25,000 to the Heart Beat for the Future capital campaign.
THE GIFT OF SELF
JOHN A. RAE: VOLUNTEER AT HEART

John A. Rae is the man behind the Foundation’s golf tournament in Kahnawake, an annual event that has raised nearly $1.7 million since it was launched in 1987. A volunteer at heart, always humble and respectful, he tells of his fondness for his former colleagues, J. Frank Roberts, Marc L. Belcourt and Yves Marcil, the event’s founders and all three members of the Board of Directors of the MHI Research Fund, as the Foundation was formerly known. According to Mr. Rae, the credit belongs to them, to the Kanawaki Golf Club and to the volunteers who have given of themselves over the years. “It’s nothing formal, really. It’s about inviting people to have fun playing golf on a nice summer day,” says John Rae. What drives him to carry the torch year after year? The answer is simple: “The Montreal Heart Institute is a pillar of healthcare. We have to support it.”

Marc Belcourt remembers that the MHI Research Fund had met Dr. Paul David’s challenge to raise $10 million in the 10 years spanning 1977 to 1987. New avenues needed to be explored to meet the needs of an institution that had already earned everyone’s respect. “No one could say no to Frank Roberts, who was Chairman of the Fund in 1987,” added Mr. Belcourt. “Frank, Yves and I decided that the cost of the first tournament would be $1,000 per golfer, and since the maximum number of players allowed was 29, profits that first year totalled $29,000. It was quite something back then!” Two years passed before John Rae would take over the annual event that would become so successful over the years.

And John Rae’s most memorable moment? “Oh, that’s easy: When Donald K. Donald scored a hole in one... It cost me a bundle, but we raised a lot that year,” he chuckled.

“The Montreal Heart Institute is a pillar of healthcare. We have to support it.”
DIRECT MAIL

In 2008-2009, gross revenues from direct mail increased by 3.8% to reach almost $2.8 million. More than 35,200 donors, including 9,400 new supporters, made a total of 53,151 donations. Despite the decrease in overall donations in the philanthropic sector, the average new donation to the Foundation increased by 2.8%.

EVENTS AND PARTNERSHIPS

This year, net revenues from events and partnerships totalled $2.87 million, of which over $2 million (70%) came from Foundation events and $849K (30%) from activities organized by partners.

THE BEST OF LE GRAND BAL DES VINS-CŒURS

The 8th annual Grand Bal des Vins-Cœurs was an unprecedented success with net revenues jumping from $1.1 million in 2007 to over $1.7 million in 2008. Nine hundred and fifty guests came to pay tribute to France Chrétien Desmarais who took her final bow as Chair of the Foundation’s Board of Directors in June 2008.

During her seven years at the helm, Ms. Chrétien Desmarais contributed significantly to the Foundation’s direction. She was and still is the inspiration and driving force behind the Grand Bal, which generated over $8 million in funding over the years. Furthermore, she and her husband André Desmarais, were the flag bearers for the Heart Beat for the Future capital campaign, which generated more than $70 million to date.

The 8th annual Grand Bal des Vins-Cœurs owes its success to its four patrons of honour, Monique F. Leroux, Marc Bibeau, L. Jacques Ménard and Richard J. Renaud, as well as to the electrifying performance generously given by Cirque du Soleil, the delicious meal prepared by Alain Pignard, Chef at the Fairmont Queen Elizabeth Hotel, and the delightful wine served to guests, compliments of the Société des alcools du Québec. It made for an unforgettable night.

GROSS INCOME FROM DIRECT MAIL IN THE LAST FIVE YEARS

<table>
<thead>
<tr>
<th>Year</th>
<th>Gross Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008-09</td>
<td>$2,785,445</td>
</tr>
<tr>
<td>2007-08</td>
<td>$2,683,902</td>
</tr>
<tr>
<td>2006-07</td>
<td>$2,425,087</td>
</tr>
<tr>
<td>2005-06</td>
<td>$2,339,052</td>
</tr>
<tr>
<td>2004-05</td>
<td>$1,976,823</td>
</tr>
</tbody>
</table>

A tribute to France Chrétien Desmarais at the Grand Bal des Vins-Cœurs

R: Jean Chrétien, Aline Chrétien, André Desmarais, France Chrétien Desmarais, Jean Charest, Michèle Dionne, Suzanne Tailleur-Tremblay, Gérald Tremblay
GOLF

Golf is not only an excellent physical activity, it is also a great way to raise funds for a good cause while having fun. In 2008-2009, approximately $250K was raised through golf activities thanks to John A. Rae, Monaco Group, the Association des Vinchiatures, Gabriel Buisson, the family of Roland Beaulieu in his memory, and Tony De Risi in memory of his sister Maria.

IGA CUSTOMERS DONATE $2... STRAIGHT FROM THE HEART

Thanks to the extraordinary work of the IGA team throughout Quebec, as well as the merchants themselves, the $2 Straight to the Heart campaign was at full speed in February 2009 and generated an unprecedented amount of more than half a million dollars.

OTHER EVENTS AND PARTNERSHIPS

We thank our other partners for once again generously supporting the Foundation. These include a tribute to the late Roxane Roubeiz organized by her colleagues at KPMG ($60K for prevention); the Gilles Proulx seminars and photo exhibits organized by Diane Laberge of the Yves Légaré funeral complex ($20K), and the Boston Scientific Spin-O-Thon ($3K).

The Foundation organized the Soirée des Cœurs Universels in October 2008, a dinner-dance in which 300 participants helped raise $70K. Lotteries and other Foundation activities contributed an additional $160K to revenues.

THE STEADY BEAT OF AN AD CAMPAIGN

Who among us has never seen the ECG on a cheque, the trademark of the Foundation’s Steady Beat ad campaign? It was hard to miss on TV and radio, in the papers, on roadside billboards and other displays, even at Montreal-Trudeau Airport. Thanks to the generosity of our media partners, the Steady Beat campaign provided excellent visibility for the Foundation’s cause.
Serving the community is at the heart of the socially responsible vision of Quebec’s 256 IGA merchants. They look to their customers, employees and the community when selecting worthy causes. However, only the $2 Straight to the Heart campaign is supported by all merchants. Known under a variety of names, this annual campaign has raised over $4.8 million for the MHI Foundation since it began over 23 years ago.

“Our employees get involved every February; it’s a cause they really take to heart. In fact, our cashiers have a way of convincing customers to give. Truth be told, our socially responsible approach fosters customer loyalty and helps with employee retention. It’s a win-win situation,” said Bruno Lambert, President of the IGA merchants association. Jennifer Alberts, Head Cashier at the Morin Heights IGA store, is delighted with the enthusiasm of her 15 cashiers. “Taking part in a worthy cause supported at large is highly motivating,” she said.

These days, partnerships do not normally last as long. So, where does this heartfelt passion come from? “It all started when Pierre Croteau, Head of IGA in 1986, made heart disease his cause,” said Pierre Sévigny, IGA Merchant Mentor at Sobeys. “Since then, our President Marc Poulin has continued to support this initiative. Customers, employees and partners, as well as family members and friends, are all affected, one way or the other, by heart disease, the leading cause of death in Canada. That’s why we are a proud partner of the MHI Foundation.”

“Truth be told, our socially responsible approach fosters customer loyalty and helps with employee retention. It’s a win-win situation.”
Bruno Lambert
In 2008-2009, new grants to the Montreal Heart Institute totaled $8.3 million, including $2.6 million for specialized medical equipment, $3.8 for research and a reserve of $1.9 million for essential and priority projects. An additional $2.7 million was earmarked for MHI projects, for a total contribution to new initiatives of $11 million.

### 2008-2009 GRANTS SUMMARY

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Specialized medical equipment*1</td>
<td>$2,554,857</td>
</tr>
<tr>
<td>Annual research grants</td>
<td>$2,510,000</td>
</tr>
<tr>
<td>Project - Robotics &amp; High-tech in the New Operating Area</td>
<td>$400,000</td>
</tr>
<tr>
<td>Project - Genetic Cohort</td>
<td>$300,000</td>
</tr>
<tr>
<td>Project - Genetics of Premature Infarction</td>
<td>$160,000</td>
</tr>
<tr>
<td>Project - Statin Pharmacogenomics</td>
<td>$160,000</td>
</tr>
<tr>
<td>Training, awards, grants</td>
<td>$255,500</td>
</tr>
<tr>
<td>Reserve for essential and priority projects</td>
<td>$1,916,359</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$8,256,716</strong></td>
</tr>
</tbody>
</table>

Note 1: Specialized medical equipment includes:

- A system of operating tables with automated transfer functionality
- A Doppler ultrasound system
- Automated, robotic medication distribution systems
- A radiological protection system – Medical imaging in the surgery department
- A clinical data bank system
- A cartography-capable intracardiac (ICE) and transesophageal echocardiography (ETO) system
- The improvement of an EPMED acquisition and review station
- A nuclear medicine treatment station
CONQUERING MERA PEAK

Partly funded by the Montreal Heart Institute Foundation, the 6,500-metre climb to the summit of Mera Peak, in Nepal, enabled Montreal Heart Institute researchers to study the heart, the strongest engine in existence.

In May 2008, twelve people of different ages and various physical fitness levels, including seven baby boomers, set out on this month-long expedition where air was increasingly rarefied. Among the participants were 64 year-old Raphaël Delacombaz, heart-transplant recipient Dale Shippan, and kidney-transplant recipient Dave Smith. The expedition was organized and supervised by Dr. Michel White, a highly experienced cardiologist, researcher and clinician, who is the Director of the MHI Heart Failure Research Program.

Dr. White and his team were joined by Charles Tisseyre and Hélène Leroux, respectively host and coordinating producer of Radio-Canada’s science show Découverte. The two-episode documentary Baby-boomers à l’assaut du mont Mera (« Baby Boomers Conquering Mera Peak ») had one of the top ratings of the Découverte series.

The expedition enabled MHI researchers to conclude that sedentary baby boomers can in fact reclaim their health and fend off North America’s number-one killer, heart disease. The MHI Foundation is a proud supporter of this initiative.

Photo: © Michel White

L to R: 1st row : the team’s sherpa, Hélène Leroux, Raphaël Delacombaz, Dr. Michel White; 2nd row, Emmanuel Daigle, Julie Graham, Dave Smith, Yanick Rose, Michel Valiquette and Dr. Janie Laramée.
THE GIFT OF SELF
TONY METI: TRAINING AND RETENTION

Tony Meti has known for quite some time that an institution’s greatest asset is its staff. He realized that the Montreal Heart Institute would be at risk, particularly with respect to its visionary approach, should it be unable to attract and retain highly specialized staff. It led him to create the Bal du Coeur with a view to raise funds for post-doctoral awards. For the past ten years, the Bal du Coeur Fellowships have been highly successful in attracting and retaining promising young heart specialists looking to broaden their expertise and adopt the MHI’s mission as their own.

From this highly successful initiative stems the MHIF’s innovative nursing scholarships. Tony Meti joined forces with the MHI Foundation and TD Bank in 2007-2008 to provide specialized training to cardiology nurses, individuals whose extraordinary contribution deserves to be recognized.

The $5 million raised over the years by the Bal du Coeur continues to make headway. In June 2008, the Foundation launched the Bal du Coeur Seminars, a showcase for knowledge transfer where Bal du Coeur Fellows shared their research findings with MHI colleagues.

The launch of the seminars served as an opportunity to pay tribute to Tony Meti, a man of vision who continues to contribute to the excellence of the MHI and its Foundation.

“I believe that giving is more important than receiving and feel immense joy at the thought of playing a role in progress at its best. If everyone got involved in a cause they felt strongly about, it would make the world a better place”
AWARDS OF EXCELLENCE

Through fellowships, scholarships and grants, the Foundation recognizes the pursuit of excellence in research while fostering the specialized training of MHI professionals.

BAL DU CŒUR FELLOWSHIPS

Focussing on the MHI priorities, the Bal du Cœur Fellowships are awarded to clinical physicians pursuing postdoctoral studies, specialized training or clinical research.

Dr. François-Pierre Mongeon – $50,000 for specialization in congenital cardiology at the Mayo Clinic and in cardiac magnetic resonance at Boston’s Brigham and Women’s Hospital.

Dr. Yoan Lamarche – $50,000 for a clinical over specialization in cardiovascular surgery and intensive care at the University of British Columbia.

Dr. Lena Rivard – $10,000 for a specialization in electrophysiology at Hôpital Haut-Lévesque in Lyon, France.

MARTIAL G. BOURASSA PRIZE

Awarded in recognition of excellence in research and dedication to the scientific life of the MHI, this prize helps the researcher develop and conduct clinical or basic research.

Dr. Marie-Pierre Dubé – $25,000 for research on the context and application of genetic epidemiology and cardiology.

FELLOWSHIP AND RESEARCH GRANTS

Fellowship – $50,000
Grants – $12,000 each

Dr. Ricardo Costa: Fellowship in echography

Catherine Barahona-Dussault: Genetic of arhythmogenic right ventricle cardiomyopathy

Élizabeth Dumas: Effect of angiopoietins on neutrophil survival under normoxic and hypoxic conditions

Julie Graham: Sub clinical inflammation, exercise capacity and recovery in patients with heart failure and preserved systolic function

Jacinthe Lachance: Post traumatic stress disorder related to myocardial infaction: Consequences on resource utilization and medical health

Véronique Lavoie: Study of the interactions between endothelial progenitor cells and adiponectin

Artavazd Tadevosyan: Nuclear receptors for Angiotensin II
NURSING AND CLINICAL PERFUSION GRANTS AND SCHOLARSHIPS (TD BANK AND BAL DU CŒUR)

ACLS Training - $1000 each

GRANTEE
Beauchemin, Cindy
Bernatchez, Johanne
Bessette, Annie-Claude
Camirand, Normand *
Caron, Sylvie
Charest, Kathleen
Courcy, Marie-Josée *
Davidson, Lynda *
Deroy, Gaétan *
Dessièns, Marie-Hélène
Dieu, Catherine
Doherty, Amélie *
Fernandez, Nancy *
Grèves, Jacques
Houle, Ghislaine
Ismael, Edeline
Laflamme, Émilie *
Laflamme, Julie
Landry, Jean-Philippe *
Lapointe, Frédéric *
Lessard, Hélène *
Malouin-Benoît, Marie-Christine *
Noël, Lise *
Paquet, Pascale
Parisien, Gladimir
Perron, Jessie
Provencher, Julie
Raymond, Mélanie
Tremblay, Nancy *
Trudeau, Caroline *
Vallée, Karl *
Vallières, Josée *

MHI DEPARTMENT
Emergency
Intensive Care
Intensive Care
Intensive Care
Emergency
Emergency
Intensive Care
Intensive Care
Intensive Care
Intensive Care
Interim Head Nurse
Intensive Care
Coronary Unit
Intensive Care
Intensive Care
4th Floor East
Float Team
Case Management
Intensive Care
Coronary Unit
4th Floor East
Float Team
Intensive Care
Emergency
Intensive Care
Float Team
Hemodynamics
Emergency
Surgical Unit
Medical ICU
Emergency
Intensive Care

* 2007-2008 Grantee

I am amazed by the extraordinary high calibre of the Montreal Heart Institute nurses. You notice right away that they love their patients and that they come up with solutions that no one else has imagined. They are truly remarkable!

Hélène Quevillon
Independent ACLS Master Instructor

Clinical Perfusion Grants
Clothilde Perreault-Hébert - $10,000
Isabelle Robert - $10,000
Thanks to the Foundation’s annual contribution of $50,000 for teaching, the MHI’s new ongoing professional development Web site is now operational (www.dpc.icm-mhi.org*). Health professionals can visit the site to watch medical seminars, receive professional development credits, test their knowledge with specific questions and find information about the many training activities organized by the MHI. As this is the first phase of the site, new sections will be added over time. Please accept our heartfelt thanks for continuing to support our training and knowledge-sharing activities.

Annie Dore, MD
Director, Teaching

* Only available in French at this time.

### Nursing Scholarships

<table>
<thead>
<tr>
<th>SCHOLAR</th>
<th>ACADEMIC PROGRAM</th>
<th>UNIVERSITY</th>
<th>SCHOLARSHIP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allard, Judith</td>
<td>Baccalaureate in Nursing</td>
<td>Université de Montréal</td>
<td>$3,000</td>
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<tr>
<td>Beaulieu, Catherine</td>
<td>Baccalaureate, psychology &amp; clinical milieu</td>
<td>Université de Montréal</td>
<td>$3,000</td>
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<tr>
<td>Beaulieu, Valérie *</td>
<td>Masters in Nursing, Administration</td>
<td>Université de Montréal</td>
<td>$7,500</td>
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<tr>
<td>Blanchet, Marie-Claire *</td>
<td>Baccalaureate in Nursing</td>
<td>U. QC à Trois-Rivières</td>
<td>$3,000</td>
</tr>
<tr>
<td>Chagnon, Marie-Claire *</td>
<td>Baccalaureate in Nursing</td>
<td>U. QC à Trois-Rivières</td>
<td>$3,000</td>
</tr>
<tr>
<td>Chantal, Johanne *</td>
<td>Postoperative care certificate</td>
<td>AIC</td>
<td>$1,000</td>
</tr>
<tr>
<td>Chénard, Nancy</td>
<td>Masters in Nursing</td>
<td>U. QC à Trois-Rivières</td>
<td>$5,000</td>
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<tr>
<td>Denoncourt, Stéphanie</td>
<td>DEC-BAC</td>
<td>Université de Montréal</td>
<td>$3,000</td>
</tr>
<tr>
<td>Desbiens, Marie-Claude *</td>
<td>Baccalaureate in Nursing</td>
<td>Université Laurentienne</td>
<td>$3,000</td>
</tr>
<tr>
<td>Doherty, Amélie</td>
<td>Baccalaureate in Nursing</td>
<td>U. QC à Trois-Rivières</td>
<td>$3,000</td>
</tr>
<tr>
<td>Downs, Francis</td>
<td>Bachelor in Nursing Integrated</td>
<td>McGill University</td>
<td>$3,000</td>
</tr>
<tr>
<td>Jolicoeur, Joëlle *</td>
<td>Masters in Nursing</td>
<td>Université de Montréal</td>
<td>$7,500</td>
</tr>
<tr>
<td>Laliberté, Julie *</td>
<td>DEC-BAC</td>
<td>McGill University</td>
<td>$3,000</td>
</tr>
<tr>
<td>Langlois-Hachey, Marjorie</td>
<td>Mental Health Certificate</td>
<td>Université de Montréal</td>
<td>$2,000</td>
</tr>
<tr>
<td>Lessard, Hélène</td>
<td>Mental Health Certificate</td>
<td>Université de Montréal</td>
<td>$2,000</td>
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<tr>
<td>Malouin-Benoît, M.-Christine</td>
<td>Masters in Nursing, counselor</td>
<td>Université de Montréal</td>
<td>$5,000</td>
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<tr>
<td>Massé, Marc-André</td>
<td>Baccalaureate (accumulated certificates)</td>
<td>Université de Montréal</td>
<td>$2,000</td>
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<td>Perron, Jessie *</td>
<td>Baccalaureate in Nursing</td>
<td>Université de Montréal</td>
<td>$3,000</td>
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<tr>
<td>Sabourin, Isabelle</td>
<td>Baccalaureate (accumulated certificates)</td>
<td>Université de Montréal</td>
<td>$3,000</td>
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<tr>
<td>Soucy, Chantal *</td>
<td>DESS, prevention of infection</td>
<td>Université de Montréal</td>
<td>$5,000</td>
</tr>
</tbody>
</table>

* 2007-2008 Scholars
THE GIFT OF SELF
Nicole Parent RN, Ph.D.: Volunteers in Surgery

Eyes sparkling with energy, focused and welcoming, Nicole Parent offers Foundation staff and donors a tour of her world: the Montreal Heart Institute’s Surgical Care and Intensive Care units. She joined the MHI team 20 years ago and has been the Head of Surgical Units for the past three years. Like other members of the MHI staff, she has been highly supportive of the Foundation’s mission.

Nicole Parent has always been keenly interested in why people feel a need to help and made it the subject of her master’s thesis in nursing at Université de Montréal. “What really fascinated me was the way patients naturally helped one another,” she said. After completing her degree, she established the Volunteer Support Program for Cardiac Surgery Patients, which is celebrating its 15th anniversary this year. Trained by a team of MHI specialists, eight volunteers accompany patients and families before and after surgery to help reduce anxiety. This pioneering approach was so successful that the American Heart Association asked Ms. Parent to present her findings at its annual conference in 1995.

Nicole Parent is herself a dedicated volunteer. As National Research Chair of the Canadian Council of Cardiovascular Nurses, she gives of her time to organize the Council’s annual conferences and helps disseminate the knowledge gained through cardiovascular and cerebrovascular research.

“Even now, after 20 years, I’m still awed by the expertise and dedication in saving lives that I find at the Montreal Heart Institute. Just seeing the relentless work of my colleagues and volunteers motivates me to give even more of myself.”

Nicole Parent with volunteer Richard Larouche
J.-LOUIS LÉVESQUE PRIZE

In recognition of the best oral presentations on clinical and basic research.

Catherine Labbé – $750
First Prize, basic research

Catherine Martel – $750
First Prize, clinical research

Guillaume Voghel – $500
Second Prize, basic research

NICOLE BUREAU-TOBIN PRIZE

In recognition of excellence in nursing research and the short-term impact it will have in the field of cardiology.

Anie Brisebois – 500 $
Intensive Care Delirium

Foundation directors and MHI specialists and staff attending the 2009 Bal du Cœur to honour this year’s Fellows. L to R - 1st row: Dr. Joan Lamarche, Dr. François-Pierre Mongeon, Dr. Laurent Macle, Tony Meti; 2nd row: Dr Michel Pellerin, Dr. Lena Rivard, Danielle Pagé, Robert Busilacchi, Dr. Jean-Claude Tardif, Dr. Guy Pelletier; 3rd row: Dr. Arsène Basmadjian, Dr. Baqir Qizilbash, Louis A Tanguay, Dr. Léon Dontigny, Dr. Jean Taillefer, Dr. Peter Guerra, Dr. Normand Racine.
THE GIFT OF SELF
LISE VENNE: BEEING USEFUL

Lise Venne is one of the Foundation’s senior volunteers, helping the MHIF with its day-to-day activities. Having retired after a long career as a secretary-receptionist in a medical office, she is currently putting her life experience and office management skills to good use. Her sound judgment, speed and eye for detail are highly appreciated by staff who have to deal with multiple tasks in rather limited time. When needed, she takes charge of the reception, helps with mailings and handles well any other task given to her.

“I like feeling useful,” says Mrs. Venne, who has made her way to the Foundation’s offices once or twice a week, rain or shine, for over 12 years. Mrs. Venne works with the ‘Monday and Tuesday crowd.’ They enjoy being together every week and going out for a meal once a month.

“What I like most is the warm welcome, the respect and the kindness of everyone at the Foundation. I’ll miss them a lot when I leave.”

THANK YOU TO ALL OUR VOLUNTEERS!

Volunteering is noble and vital to society’s well-being. Every year in Quebec, some two million people put in over 310 million hours of volunteer work, more often than not behind the scenes. Over 200 dedicated individuals give of their time and expertise to help the Montreal Heart Institute Foundation carry out its mission and operations. They are our most treasured asset.

Below is a partial list of our volunteers. Board and Committee Members are listed on pages 7 and 8 of the Annual Report. Not listed are the hundreds of employees and associates who are dedicated to our cause through various partnerships.

Nathalie Acloque
Fernando Barberini
Carmen Bau
Doris Beauregard
Yvon Bédard
Jean-Marc Béland
Diane Benoit
Georges Bergeron
Ghislaine Bergeron
Marc Bibeau
Tracy Bibeau
Louise Blanchard
Lucille Blanchet
Claudine Blondin-Bronfman
Raymond Boily
Bernadette Bouchard
Pierre Boudreau
Michaël Bourdages
Stéphanie Bourdages
Monique Bourgeois
Jeanne Bouvier
Raymond Brisebois
Benjamin Brodeur-Poupart
Pierre Cadieux
Vittorio Capparelli
Jean-Pierre Carignan
Marie Carignan
Lucille Casgrain
Jeannette Chabot
Francine Champoux
Alain Charron
Micheline Clocher
Cécile Collard
Antonina Consiglio
Rita Corbeil
Denise Cornellier
Hélène Couillard
Marie Cournoyer
Thérèse Coutu
Clara De Ambrosi
Linda De Luca
Katia Dekkers
Marcel Derail
Ronald Deschênes
Nicole Desgagnés
Hélène Désilets
André Desmarais
Sylvie Desormeaux
Jeannine Di Sabato
Vittorio Di Vito
Marie-Anne Dion
Johanne Doyon
Florent Dupuis
Paul Durocher
Carole Dussault
Eduardo Fernandez
Cécile Forest
Lise Forest
Guy Fortier
Claude Fortin
Madeleine Foster
Mireille Fournel
Lucille Gagnon
Nicole Gariépy
Dany Gaudreau
Jacqueline Gauthier
Ghislaine Gélinas
Annie Giguère
Serge Godin
Aline Gosselin
Thérèse Gratton
Maurice Guay
Denise Guy
Gerry Guy
Nicole Hamel
Ninon Harnois
Jacqueline Jérôme
Suzanne Jobin
Nicole Lachapelle-Cazelais
Ghyslaine Lacourse
Marilyne Lafontaine
Mélina Lafrance
Lorraine Lake
Jacques Lamontagne
Lorraine Lamontagne
Fleurette Lamoureux
Valérie Langevin
Sylvio Langlais
Marthe Lapensée
André Lapointe
Ghyslaine Larouche
Marlène Laurenzana
Pierrette Lavergne
Marie-France Lavigueur
Louise Lebrun
Thérèse Lecours
Christine Lefebvre
Ginette Lefebvre
Renée Legault
Thérèse Legros
Monique Lernieux
Danielle Lemoyne
Marguerite Léporé
Philippe Léporé
Lise Lespérance
Lise Létourneux
Luigi Longo
Michelle Loranger
Marie Maculeuse Louis
Gisèle Martineau
Marie-Pierre Mathieu
Bernard Meloche
Salvatore Migliara
Pino Monticciolo
Marcel Moretti
Joseph Mormina
Pierre Noël
Alex Pacetti
Jacinthe Pagé-Bérard
Serge Paré
Gaston Pelletier
Pierrette Pelletier
Christiane Perreault
Françoise Poirier
Monique Primeau Leblanc
Louise Privé
Gisèle Provost
John A. Rae
Rachel Renaud
Richard J. Renaud
Jean-Marie Rivard
Denis Roy
Denise Roy
Michael J. Sabia
Ginette Sansfaçon
Amélia Violo-Saputo
Christian Sauvé
Claire Simard
Rollande Simard
Audrey Sirois
Caroline Sirois
Dany Sirois
Martine Sirois
Gilles Spinelli
Ginette St-Hilaire
Micheline St-Pierre
Nicole St-Pierre
Roch St-Pierre
Sonia Teolis
Sylvain Théberge
Rolland Thibault
Suzanne Thibault
Thérèse Tousignant
Pauline Trottier
Françoise Vaillancourt
Claire Vanasse
Julie Veilleux
Lise Venne
Suzette Videau Pujaub
Carole Villani
Marcel Walker
Alice Wembo
## FINANCIAL STATEMENTS
For the Year Ending March 31st

### CUMULATED GENERAL AND ENDOWMENT FUNDS

#### Revenue

<table>
<thead>
<tr>
<th>Description</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations, bequests and activities</td>
<td>$5,769,955</td>
<td>$5,472,489</td>
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<tr>
<td>Investment income</td>
<td>$1,301,627</td>
<td>$6,028,589</td>
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<tr>
<td><strong>Total revenue</strong></td>
<td><strong>$7,071,582</strong></td>
<td><strong>$1,501,078</strong></td>
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<tr>
<td>Expenses</td>
<td>$1,437,350</td>
<td>$1,444,535</td>
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<tr>
<td><strong>Excess revenue over expenses before contributions</strong></td>
<td><strong>$5,634,232</strong></td>
<td><strong>$10,056,543</strong></td>
</tr>
<tr>
<td>Contributions to MHI for research, technological develop. and other expenses</td>
<td>$4,253,645</td>
<td>$3,640,292</td>
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<tr>
<td><strong>Excess revenue over expenses</strong></td>
<td><strong>$1,380,587</strong></td>
<td><strong>$6,416,251</strong></td>
</tr>
<tr>
<td>Balance of funds, beginning of year</td>
<td>$55,423,713</td>
<td>$57,518,955</td>
</tr>
<tr>
<td>Transfer to other funds *</td>
<td>$--</td>
<td>$(1,714,135)</td>
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<tr>
<td>Unrealized loss on investments</td>
<td>$(8,255,652)</td>
<td>$(6,797,358)</td>
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<tr>
<td><strong>Balance of funds, end of year</strong></td>
<td><strong>$48,548,648</strong></td>
<td><strong>$55,423,713</strong></td>
</tr>
</tbody>
</table>

#### OTHER FUNDS **

#### Revenue

<table>
<thead>
<tr>
<th>Description</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations and activities</td>
<td>$6,976,850</td>
<td>$5,336,044</td>
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<tr>
<td>Investment income</td>
<td>$(20,279)</td>
<td>$1,429,257</td>
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<tr>
<td><strong>Total revenue</strong></td>
<td><strong>$6,956,571</strong></td>
<td><strong>$6,765,301</strong></td>
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<tr>
<td>Expenses</td>
<td>$224,578</td>
<td>$285,191</td>
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<tr>
<td><strong>Excess revenue over expenses before contributions</strong></td>
<td><strong>$6,731,993</strong></td>
<td><strong>$6,480,110</strong></td>
</tr>
<tr>
<td>Contributions to MHI technological development and other expenses</td>
<td>$3,605,893</td>
<td>$6,360,298</td>
</tr>
<tr>
<td><strong>Excess revenue over expenses</strong></td>
<td><strong>$3,126,100</strong></td>
<td><strong>$119,812</strong></td>
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<tr>
<td>Balance of funds, beginning of year</td>
<td>$29,127,101</td>
<td>$28,935,277</td>
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<tr>
<td>Transfer from the General Fund *</td>
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<td>$1,714,135</td>
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<tr>
<td>Unrealized loss on investments</td>
<td>$(1,910,030)</td>
<td>$(1,642,123)</td>
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<td><strong>Balance of funds, end of year</strong></td>
<td><strong>$30,343,171</strong></td>
<td><strong>$29,127,101</strong></td>
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</tbody>
</table>

* A transfer of $1,714,135 was made from the General Fund to Other Funds in 2008. No transfers were made in 2009.

** Other Funds include the Growth and Development Fund, the Bal du Cœur Fund, the Heart Beat for the Future Fund (HBF) and earmarked funds from the Annual Campaign and the HBF Campaign.

Copies of the financial statements are available from:
Montreal Heart Institute Foundation, 5000 Bélanger, Montreal (Quebec), H1T 1C8.
For the Year Ending March 31st

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COMBINED FUNDS</strong></td>
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<td></td>
</tr>
<tr>
<td><strong>Revenue</strong></td>
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<td></td>
</tr>
<tr>
<td>Donations and activities</td>
<td>$12,746,805</td>
<td>$10,808,533</td>
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<tr>
<td>Investment income</td>
<td>$1,281,348</td>
<td>$7,457,846</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td>$14,028,153</td>
<td>$18,266,379</td>
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<tr>
<td><strong>Expenses</strong></td>
<td>$1,661,928</td>
<td>$1,729,726</td>
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<tr>
<td>Excess revenue over expenses before contributions</td>
<td>$12,366,325</td>
<td>$16,536,653</td>
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<tr>
<td>Contributions to MHI technological development and other expenses</td>
<td>$7,859,538</td>
<td>$10,000,590</td>
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<tr>
<td><strong>Excess revenue over expenses</strong></td>
<td><strong>$4,506,687</strong></td>
<td><strong>$6,536,063</strong></td>
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<tr>
<td>Balance of funds, beginning of year</td>
<td>$84,550,814</td>
<td>$86,454,232</td>
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<tr>
<td>Unrealized loss on investments</td>
<td>$(10,165,682)</td>
<td>$(8,439,481)</td>
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<td><strong>Balance of funds, end of year</strong></td>
<td><strong>$78,891,819</strong></td>
<td><strong>$84,550,814</strong></td>
</tr>
</tbody>
</table>

**CONTRIBUTION POLICY**

The Foundation’s 2008-2009 contributions to the Montreal Heart Institute totalled $8.3 million and funded mostly research and specialized medical equipment. Contributions are entered into the books when they are paid to the Institute.

**REDUCING COSTS**

In 2008-2009, careful management enabled the Foundation to streamline administrative expenses to approximately 7.9% of total gross revenues.

**INVESTMENT UPDATE**

At the closing of this year, the economy was in its worst shape since the Great Depression. Despite the global crisis shaking up markets significantly and decreasing the return of our portfolios, we managed to limit the recession’s impact. As recommended by our Investment Committee, the Foundation amended its investment policy in May 2008 to ensure that all new funding from its capital campaign be invested in money market securities. The greater accumulation of short-term assets enables our investment managers to increase fixed-income assets more rapidly, up to 70% of consolidated funds as required by our investment policy. Given that our policy limits the accumulation of corporate bonds, more than 90% of our fixed-revenue assets are high-quality government securities. This cautious approach, combined with our managers’ investment strategy, has yielded a return on investment that exceeded the benchmark for the past year.
Sylvain Bédard’s name is synonymous with motivation and passion for life, both in Quebec and abroad. He became the first heart transplant recipient ever to make it past the 6,000-metre mark on Bolivia’s Mount Sajama (2004) and the first Canadian heart transplant recipient to reach the Chamonix summit of Mont Blanc (2003).

The road leading to the highest summit – a life-threatening struggle for health – began over 30 years ago. Born with a congenital heart disease, Sylvain Bédard remembers his first visit to the Montreal Heart Institute in 1980: “I was in good hands. My doctor was Dr. Raymond Lamontagne, one of the few paediatric cardiologists in Montreal, and Dr. Paul David himself conducted my first electrocardiogram.”

As the third Canadian to receive a pacemaker-defibrillator, Sylvain Bédard has seen cardiology evolve and feels that he owes his life to the researchers and medical staff of the Institute. In turn, they believe he facilitated their work: “His courage and determination allowed us to push the boundaries of cardiovascular research and treatments,” said Dr. Michel Pellerin, the cardiac surgeon who performed Sylvain Bédard’s heart transplant in 2000.

And who does he credit with helping him reach the highest summit of his life? “By giving me a heart, my donor was giving me a life and the chance to see my five boys grow up. I could have waited at home, taking my 18 pills a day. Instead, I decided to show people how lucky I am to have my health, my family by my side, and the opportunity to fulfill my dreams. It’s my way of saying thank you to my donor and to the Institute,” he said.

Since returning from Mont Blanc, Sylvain Bédard has channelled his passion for living into motivational speaking engagements, several of which helped support the Foundation. To date, he has shared his story with over 45,000 people, including thousands of students and entrepreneurs.
THANK YOU TO ALL OUR SPONSORS! *

Aéroports de Montréal
Air France
Assingo
Astral Media Outdoor
Astral Media Radio
Bristol-Myers Squibb Canada Inc.
Caisses Desjardins, région Est de Montréal
Canadian Pacific Railway
CGI
Cirque du Soleil
Cubana Airlines
Daccord Webster Paysage
Ernst & Young
Exposervice Standard Inc.
Fiera Capital inc.
Fleuriste Notre-Dame de Grâce Inc.
Great-West Life - London Life - Canada Life
Groupe TVA
Hotel Le Bristol
Hotel Mélià
Ideal Buses
Investors Group
Ipsos Descarie
Italvine
La Presse
Laurent Cayla, Photographer
Le magazine l’Itinéraire
Lettraplus
Ig2
Littorio Del Signore
Loto-Québec
Mc Call Photography
Merlicom
Mouvement Desjardins
National Bank of Canada
Oliver Wyman
Picchio international inc.
Power Corporation of Canada
Power Financial
Pratt & Whitney Canada
PricewaterhouseCoopers LLP
Publicis
Radio-Canada
RCN Media
Sanofi-Avantis Canada
Saputo inc.
SBI Audiovisuel
Robert Guy Scully
Sobeys
Société des alcools du Québec
Société des casinos du Québec
Studio SEXTAN
Tecsult inc.
Télé-Québec
Transcontinental
Ultramar

* We thank all our sponsors for their generous support. Given the large number of sponsors, we must unfortunately limit our listing to those who have provided sponsorships of $750 or more.