



**INSTITUT DE
CARDIOLOGIE
DE MONTRÉAL**

APPILIÉE
Université 
de Montréal

PRESS RELEASE

For immediate release

Dr. Jean-Claude Tardif of the Montreal Heart Institute receives the Research Achievement Award from the Canadian Cardiovascular Society

Montréal, October 30, 2008 - The Montreal Heart Institute (MHI) is proud to announce that Dr. Jean-Claude Tardif, cardiologist and director of the MHI Research Centre, professor in the faculty of medicine of the Université de Montréal, and holder of the Pfizer-Canadian Institutes of Health Research Chair in atherosclerosis, is the 2008 recipient of the Research Achievement Award of the Canadian Cardiovascular Society. Instituted in 1982, this prestigious award is presented to an established researcher whose efforts are dedicated to a particular aspect of research in the cardiovascular field in Canada. The award was presented at the 2008 Canadian Cardiovascular Congress which was taking place in Toronto from October 25 to 29.

An internationally renowned expert in cardiovascular health, Dr. Jean-Claude Tardif directs an MHI research team of some 40 people working in the area of atherosclerosis, the leading cause of death in the world. Dr. Tardif's approach is three-fold: he works on pharmacological approaches to raise the level and activity of high-density lipoproteins (HDL or good cholesterol) and to reduce inflammation in the artery wall, on internationally recognized pioneering approaches to imaging to precisely assess atherosclerotic plaque, and on biomarkers, among them the functionality and composition of HDL to evaluate cardiovascular risk and responses to treatment for atherosclerosis.

Pharmacogenomics complements Dr. Tardif's work. He spearheaded the creation of the first GLP-grade (good laboratory practice) pharmacogenomics centre in Canada, as well as the MHI Centre of Excellence in Personalized Medicine aimed at identifying the genomic determinants of drug reactions for a more personalized approach to medicine.

Dr. Tardif has authored or co-authored over 500 articles and abstracts published in scientific journals, among them the *New England Journal of Medicine*, the *Journal of the American Medical Association*, *Circulation* and *The Lancet*. He is also a sought-after guest speaker at conferences in Canada and abroad; subjects now being addressed by him are atherosclerosis prevention and regression, and cardiovascular imaging.



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About the Montreal Heart Institute

Founded in 1954 by Dr. Paul David, the Montreal Heart Institute constantly aims for the highest standards of excellence in the cardiovascular field through its leadership in prevention, ultra-specialized care, training of professionals, clinical and fundamental research, and assessment of new technologies. It is affiliated with the Université de Montréal and its outcomes are among the best in the world. To learn more about the Institute, please visit our website at www.icm-mhi.org.

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