



**INSTITUT DE
CARDIOLOGIE
DE MONTRÉAL**

PRESS RELEASE

For immediate publication

Notice to the public

***The Institut de Cardiologie de Montréal*
blows the whistle on the diet now in circulation using its name**

Montreal, January 19, 2004 – The *Institut de Cardiologie de Montréal* wishes to notify the public that the diet entitled "*Régime de l'Institut de Cardiologie de Montréal*" now in circulation on the Internet does not come from its institution. The Institute does not in any way endorse this diet; it also wishes to point out that the diet in question may entail certain health risks.

This diet, the Institute notes, has been circulating episodically for a number of years. It therefore wishes to remind the public that it has never published a diet of this kind; its dietitians-nutritionists offer nutritional advice to patients at the Institute on an individual basis.

The *Institut de Cardiologie de Montréal*, which is celebrating its 50th anniversary this year, is a highly specialized hospital dedicated to care, research, teaching, prevention, and evaluation and development of new technology in cardiology. It is affiliated with the *Université de Montréal*.

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